

CAMPUS RESOURCES



FREE Bus & Lightrail with your OneCard

Sacramento Regional Transit (RT) services the Greater Sacramento Area and has several buses that arrive at and depart from Sac State throughout the day. Students may ride all RT fixed-route transit services, including light rail, by presenting a valid Sac State OneCard and the student commuter sleeve. It is \$40 for 6 months for Staff/Faculty.

To get your commuter sleeve:

- Visit the Bursar's Office in Lassen Hall
- Visit the UTAPS Office in the Welcome Center
- Order online to have it mailed. Log-in using your SacLink account, click on Get Permits and select the option for a commuter sleeve.

DID YOU KNOW...

Feminine Hygiene Products are available for FREE on campus?

As of now, there are three locations at Sac State that provide free menstrual products: the University Union information desk, the Women's Resource Center, and The WELL

ASI Food Pantry

The ASI Food Pantry provides basic necessities such as: non-perishables, fresh produce, and toiletries. The ASI Food Pantry is a shared resource made possible by donations from the community! Students can visit the Pantry once per week.

To be eligible, students must:

1. Be enrolled at Sac State
2. Bring One-Card
3. Bring reusable bag for items
4. Fill out the New User Registration Form (once a semester).

Location

University Union, Room 1246
Entrance on side of Union between
University Union and Santa Clara Hall

Fall Semester Hours

Monday 12pm - 3pm
Tuesday 10am - 2pm
Wednesday 1pm - 5pm
Thursday 12pm - 3pm
Friday 10am - 2pm

Not available during open hours or are curious about holiday closures? Pick up food after hours with the ASI Food Pantry Lockers by checking out <https://asi.csus.edu/asi-food-pantry> or calling (916) 278-3978.

*Don't forget to check out the Free Groceries Pop-Ups during the semester!

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Safe Rides Program

Having car issues? Need a quick ride somewhere? Safe Ride's goal is to help reduce DUI incidents and provide safe transportation for students by giving financial reimbursement for rideshare trips. Sac State students can request up to \$40 cash back (until funds last) per semester for rides taken from rideshare services, taxis, and public transportation. For Fall 2022, the Safe Rides program allows students to claim cash back for SMOG checks, and vehicle safety inspection fees.

www.asi.csus.edu/safe-rides

Housing Insecurity

If you are a student looking for a new home or struggling with homelessness, the following resources can help you find a variety of housing opportunities:

- Emergency Shelter(s)
- Short Term CSUS Emergency Housing
- Rapid Re-Housing

www.csus.edu/student-affairs/crisis-assistance-resource-education-support/resources.html



Legal Aid

A professional lawyer is available for free virtual legal advice, no representation. You must be a currently registered Sac State student. Must book an appointment online. Appointments are each 30 minutes long.

www.asi.csus.edu/post/legal-aid

California Emergency Grant (CAEG)

The State of California has provisioned funding to the CSU's for campuses to provide students relief from economic fallout related to the COVID-19 pandemic. If you have experienced a financial hardship related to the pandemic we encourage you to apply for Emergency Grant Funding.

www.csus.edu/studentaffairs/emergency-student-information/heerf-emergency-grants.html

Health & Wellness Promotion Office

The Health & Wellness Promotion office is located in Room 1031 in Student Health & Counseling Services in The WELL. They offer free safer sex supplies, nutritional counseling, peer education on nutrition, alcohol, and drugs, cooking demonstrations, and other wellness workshops.

www.csus.edu/student-life/health-counseling/wellness-education/

DID YOU KNOW...

Students can get FREE leftover food from catering events on campus? It is called Epi Cure Extras and to find out when it is available, go to

https://m.csus.edu/sacstate/app/_/epicure_extras

and follow their three easy steps.